

AGR FU Junior Rugby Law Variations Ethos					
	Preparatory (Under 6/7(New))	Tag (Under 7 / 8)	Mini (Under 9 / 10)	Midi (Under 11 / 12)	
Learning Outcomes	Fun / Enjoyment and getting ready for rugby	Fun, go forward, support and enjoyment	Fun, go forward, support, continuity and enjoyment	Fun, go forward, support, continuity, pressure and enjoyment	
Have Fun!!! Enjoyment!!! Free Flowing Rugby!!!					
Objectives of the Stage	Catch and pass	C & P left and right	Learn more varieties of C & P Understand what support means	C & P at pace and over a distance	
	Pass backwards	Look for support	Begin to appreciate forward and back play	Learn support lines	
	Run forward (correct direction)	Score tries	Learn to tackle and be tackled safely and correctly	Further appreciate forward and back play	
	Coaches are Advised to Work towards U8 tag style games	Tackle by tag or touch	Participate in a contested 3 man scrum including its basic laws.	Participate in a contested 5 - 8 man scrum including its laws.	
	No competitive games	Take a free kick	Participate in a contested 2 man lineout including its basic laws.	Participate in a contested 4 - 7 man lineout including its laws.	
	Games May be staged between Two Teams of Equal Numbers Using Tag Rugby Rules as soon as the Coach deems ALL Players in the group (s) participating competent to do so.	Play as a member of a team	Distribute the ball from a set piece Learn the Drop Kick for kick offs and restarts	Learn all penalty options	
		Comply with basic rules	Kick to touch for a penalty	Start kicking out of hand	
		Coaches may direct their team from on the pitch but must not interfere with play	Play without the coach on the pitch. Although the coach is allowed on the pitch he should be making sure the players are less reliant on him.	Learn phase play Understand a defensive pattern No coaches on the pitch	
	Streaming	Mix and match all players to create groups of equal ability	Mix and match all players to create groups of equal ability	Introduce concept of 'A' Stream and 'B' Stream (but all players should still be constantly rotated and exposed to all skills) Introduce concept of division of 'Forwards' and 'Backs' for training / playing (but all players should still be exposed to all skills)	Stream more heavily on ability and start to identify and regularly stream forwards and backs (for specialist unit skills training). Players should still be exposed to all positions within the team unit.
	Advantage / Refereeing	Played generously to allow a free flowing game	Played generously to allow a free flowing game	Advantage to be played generously. Any players requiring removal from the field should be replaced through the coach	Laws applied to instil discipline but explained to offenders. Players requiring removal from the field should be replaced by the coach

AGRFU Junior Rugby Law Variations Ethos			
	Colts (Under 13 / 14)	Colts (Under 15 / 16)	Senior Colts (U17 / 18 / 19)
Learning Outcomes	Fun, rugby fitness, discipline, play "real rugby" and enjoyment	Fun, rugby fitness, discipline, play "real rugby", learn positional play and enjoyment	Enjoyment, rugby fitness, discipline, play "real rugby", learn positional and tactical play
Have Fun!!! Enjoyment!!! Play Competitive Rugby!!!			
Objectives of the Stage	Perfect core skills at pace and under pressure	Perfect core skills at pace and under pressure	Perfect core skills at pace and under pressure
	Further position specific specialisation	Further position specific specialisation	Further position specific specialisation
	Understand team play including patterns of play and tactics	Understand team play including patterns of play and tactics	Understand team play including patterns of play and tactics
	Participate in a contested 8 man scrum including its laws (scrum half may now follow the ball and No 8 may now play the ball).	Participate in a contested 8 man scrum including its laws (scrum half may now follow the ball and No 8 may now play the ball).	Participate in a contested 8 man scrum including its laws (scrum half may now follow the ball and No 8 may now play the ball).
	Participate in a contested full lineout including its laws (including lifting and lineout variety options - numbers, drive, off the top etc).	Participate in a contested full lineout including its laws (including lifting and lineout variety options - numbers, drive, off the top etc).	Participate in a contested full lineout including its laws (including lifting and lineout variety options - numbers, drive, off the top etc).
	<i>Understand and abide by rugby substitution laws</i>	<i>Understand and abide by rugby substitution laws</i>	<i>Understand and abide by rugby substitution laws</i>
	No coaches on the pitch. Coaches to behave in an appropriate fashion on the sideline and not walk up and down yelling instructions.		
Streaming	Have identified 'A' team and 'B' team and do training runs as whole teams - Introduce idea of 'B' team as backups / reserves to 'A' Team	Maintain and work both as whole squad and as separate 'A' and 'B' teams. 'A' and 'B' teams should be taught the same patterns, tactics and match play	Maintain and work both as whole squad and as separate 'A' and 'B' teams. 'A' and 'B' teams should be taught the same patterns, tactics and match play
	Conduct regular specialist forwards and backs training working 'A' stream and 'B' stream units together	Conduct regular specialist forward and back unit training working 'A' stream and 'B' stream units together. Some interchange of 'A' team and 'B' team players should still be possibly	Conduct regular specialist forward and back unit training working 'A' stream and 'B' stream units together. Some interchange of 'A' team and 'B' team players should still be possibly
Advantage / Refereeing	Laws Applied to instil discipline but explained to offenders.	Laws Applied Fully	Laws Applied Fully